

Personal Information

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 Data of birth: May 25<sup>th</sup>, 1960

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Bio-sketch

Prof. Philip is a psychiatrist by training and is head of a CNRS research unit named sleep attention and neuropsychiatric disorders (USR3413 – SANPSY). He possesses a large experience in clinical research and is currently coordinator of the clinical research for the University Hospital of Bordeaux. He is also the scientific director of an Equipex program (PHENOVIRT) dedicated to simulation, virtual reality and phenotyping of sleep and mental disorders. He has conducted many national and international clinical trials and has been responsible for an ERANET program on sleepiness at the wheel.

Education

YEAR(s)	INSTITUTION AND LOCATION	DEGREE
1989	University of Montpellier (Montpellier, France)	DU (Wake/Sleep)
1990	University of Bordeaux 2 (Bordeaux, France)	MD (Psychiatry)
1995	University of Bordeaux 2 (Bordeaux, France)	DEA
1997	University of Bordeaux 2 (Bordeaux, France)	PhD
2001	University of Bordeaux 2 (Bordeaux, France)	Habilitation

Current Position

Since 1996	Hospital Medical Practitioner, Sleep Clinic (Service d'Explorations Fonctionnelles du Système Nerveux, Groupe Hospitalier Pellegrin, Bordeaux)
Since 2000	Head of Sleep Clinic (Service d'Explorations Fonctionnelles du Système Nerveux, Groupe Hospitalier Pellegrin, Bordeaux)
Since 2005	Leader of the research group GENPPHAASS: Groupe d'Etude NeuroPsychoPharmacologique de l'Attention, du Sommail et de la Somnolence (n=18)
Since 2006	Professor of Physiology in the University Bordeaux Segalen
Since 2007	Coordinator of the Neuro-Psychopharmacology Research Platform (CHU de Bordeaux)
Since 2011	Director of the Research and Service Unit CNRS USR3413-SANPSY (Groupe Hospitalier Pellegrin, Bordeaux)
Since 2011	Clinical Research Director of the LABEX BRAIN board of directors, Université de Bordeaux, France
Since 2011	Head of the Neurosciences Axis of the Centre d'Investigation Clinique Plurithématique (CIC-P 1401 – INSERM, CHU de Bordeaux, Université de Bordeaux)
Since 2012	Medical Coordinator (Direction de la Recherche Clinique et de l'Innovation – CHU de Bordeaux)

Other occupations

2006-present	Teaching activity as University Professor at University of Bordeaux
2003-present	Expert in the review panel of medical criteria for fitness to drive for the DGS (Direction Générale de la Santé)
2006 – 2013	Head of the Continuing Medical Education "Fitness to drive"
2007-present	Member of Sleep Troubles Management Programme's monitoring Committee
2008-present	Member of clinical peer review publications such as Sleep, Journal of Sleep Research, Journal of Psychosomatic Research.
2008-present	Expert for the Institut National de Veille Sanitaire (INVS) in "Health and road accidents" group
2008	Coordinator of INRETS RESAT Network Sleep Group
2010-present	Coordinator of EquipEx PHENOVIRT project (ANR Investissements d'Avenir)

Past Positions

1991	Hospital and Université Assistant, Service d'Explorations Fonctionnelles du Système Nerveux, CHU de Bordeaux
1991	Research Fellow, Stanford Medical School, Stanford, (California, USA)

1991-2006	University teaching assistant at University of Bordeaux
1995-1996	Research Assistant, CNRS UMR 5543, Université de Bordeaux 2
1995-1996	Visiting Assistant Professor, Stanford Medical School, Stanford, (California, USA)
1995-2005	Member of CNRS UMR 5543, Bordeaux, France
2005-2011	Researcher and Group leader at CNRS UMR5227, Bordeaux, France;

### Professional Memberships

1996-present	Member of the scientific council of space clinic (MEDES), Rangueil University Hospital of Toulouse
2006-present	Member of the French Society of Sleep Medicine and Research Scientific Committee
2007 – 2009	President of French Society of Sleep Medicine and Research
2008-present	Member of the scientific council of neurology federation, CHU de Bordeaux
2012-present	Member of the GIRCI (Innovation and Clinical Research Interregional Group) Sud-Ouest Outre Mer
2012-present	Member of Scientific and Industrial Advisory Board of GIE Accelence (Bordeaux)
	Member of Sleep and psychiatry group ITMO Neurosciences AVIESAN

### Key bibliometric numbers

#### **Publications: 116 - H factor: 31**

1. Bioulac S., Chaufton C., Taillard J., Claret A., Sagaspe P., Fabrigoule C., Bouvard M.P., Philip P. Excessive daytime sleepiness in adult patients with ADHD as measured by the Maintenance of Wakefulness Test, an electrophysiologic measure. *J. Clin. Psychiatry.*, 2015, In Press.
2. Micoulaud-Franchi J.A., Vaillant F., Lopez R., Peri P., Baillif A., Brandesky L., Steffen M. L., Boyer L., Richieri R., Cermolacce M., Bioulac S., Aramaki M., Philip P., Lancon C., Vion-Dury J. Sensory gating in adult with attention-deficit/hyperactivity disorder: Event-evoked potential and perceptual experience reports comparisons with schizophrenia. *Biol. Psychol.*, 2015, 107:16-23.
3. Philip P., Bioulac S., Sauteraud A., Chaufton C., Olive J. Could a Virtual Human be used to Explore Excessive Daytime Sleepiness in Patients? Presence: teleoperators and virtual environments, 2014, 23 (4): 369-376.
4. Micoulaud-Franchi J.A., Geoffroy P.A., Fond G., Lopez R., Bioulac S., Philip P. EEG neurofeedback treatments in children with ADHD: an updated meta-analysis of randomized controlled trials. *Front Hum Neurosci.*, 2014, 8: 906.
5. Philip P., Chaufton C., Orriols L., Lagarde E., Amoros E., Laumon B., Akerstedt T., Taillard J., Sagaspe P. Complaints of Poor Sleep and Risk of Traffic Accidents: A Population-Based Case-Control Study. *PLoS One*, 2014, 9 (12) : e114102.
6. Bioulac S., Lallemand S., Fabrigoule C., Thoumy A.L., Philip P., Bouvard M.P. Video Game Performances Are Preserved in ADHD Children Compared With Controls. *J. Atten. Disord.*, 2014, 18 : 542-550.
7. Orriols L., Avalos-Fernandez M., Moore N., Philip P., Delorme B., Laumon B., Gadegbeku B., Salmi L. R., Lagarde E. Long-term chronic diseases and crash responsibility: a record linkage study. *Accid Anal Prev.*, 2014, 71 : 137-143.
8. Meissner W. G., Flabeau O., Perez P., Taillard J., Marquant F., Dupouy S., Tison F., Philip P., Ghorayeb I. Accuracy of portable polygraphy for the diagnosis of sleep apnea in multiple system atrophy. *Sleep Medicine*, 2014, 15 (4) : 476-479.
9. Motak L., Bayssac L., Taillard J., Sagaspe P., Huet N., Terrier P., Philip P., Daurat A. Naturalistic conversation improves daytime motorway driving performance under a benzodiazepine: A randomised, crossover, double-blind, placebo-controlled study. *Accid. Anal. Prev.*, 2014, 67C : 61-66.
10. Leger D., Bayon V., O'hayon M.M., Philip P., Ement P., Metlaine A., Chennaoui M., Faraut B. Insomnia and accidents: cross sectional study (EQUINOX) on sleep-related home, work and car accident in 5293 subjects with insomnia from 10 countries. *JSR*, 2014, 23 (2) : 143-152.
11. Philip P., Chaufton C., Taillard J., Capelli A., Coste O., Léger D., Moore N., Sagaspe P. Modafinil improves real driving performances in hypersomniac patients: A preliminary randomized double-blind placebo-controlled crossover clinical trial. *Sleep*, 2014, 37 (3) : 483-487.
12. Quera-Salva M.A., Barbot F., Hartley S., Taillard J., Londe V., Vaugier I., Sauvagnac R., Lofaso F., Philip P. Sleep disorders, sleepiness, and near-miss accidents among long-distance highway drivers in the summertime. *Sleep Medicine*, 2014, 15 (1) : 23-26.
13. Sarram S., Debrabant R., Fatseas M., Daulouede J.P., Sagaspe P., Taillard J., Philip P., Auriacombe M. Changes in sleep quality and alertness in opiate-dependent subjects after stable methadone and buprenorphine maintenance treatment. A pilot exploratory report. *Heroin Addiction and Related Clinical Problems*, 2013, 15(1) : 39-44.
14. Philip P., Chaufton C., Taillard J., Sagaspe P., Leger D., Raimondi M., Vakulin A., Capelli A. Maintenance of Wakefulness Test scores and driving performance in sleep disorder patients and controls. *Int. J. Psychophysiol.*, 2013, 89 : 195-202.

15. Daurat A., Sagaspe P., Motak L., Taillard J., Bayssac L., Huet N., Authie C., Mestre D., Philip P. Lorazepam impairs highway driving performance more than heavy alcohol consumption. *Accid. Anal. Prev.*, 2013, 60C : 31-34.
16. Orriols L., Foubert-Samier A., Gadegbeku B., Delorme B., Tricotel A., Philip P., Moore N., Lagarde E. Prescription of antiepileptics and the risk of road traffic crash. *J Clin Pharmacol*, 2013, 53(3) : 339-344.
17. Taillard J., Capelli A., Sagaspe P., Anund A., Akerstedt T., Philip P. In-car nocturnal blue light exposure improves motorway driving: a randomized controlled trial. *PLoS One*, 2012, 7 (10) : e46750.
18. Schwarz J.F., Ingre M., Fors C., Anund A., Kecklund G., Taillard J., Philip P., Akerstedt T. In-car countermeasures open window and music revisited on the real road: popular but hardly effective against driver sleepiness. *JSR*, 2012, 21 (5) : 595-599.
19. Orriols L., Queinec R., Philip P., Gadegbeku B., Delorme B., Moore N., Suissa S., Lagarde E. Risk of injurious road traffic crash after prescription of antidepressants. *J Clin Psychiatry*, 2012, 73(8) : 1088-1094.
20. Bioulac S., Lallemand S., Rizzo A., Philip P., Fabrigoule C., Bouvard M. P. Impact of time on task on ADHD patient's performances in a virtual classroom. *Eur. J. Paediatr. Neurol.*, 2012, 16 (5) : 514-521.
21. Leger D., Bayon V., Laaban J.P., Philip P. Impact of sleep apnea on economics. *Sleep Medicine Review*, 2012, 16 (5): 455-462.
22. Sagaspe P., Taillard J., Amieva H., Beck A., Rascol O., Dartigues J. F., Capelli A., Philip P. Influence of Age, Circadian and Homeostatic Processes on Inhibitory Motor Control: A Go/Nogo Task Study. *PLoS One*, 2012, 7(6): e39410.
23. Philip P., Sagaspe P., Prague M., Tassi P., Capelli A., Bioulac B., Commenges D., Taillard J. Acute Versus Chronic Partial Sleep Deprivation in Middle-Aged People: Differential Effect on Performance and Sleepiness. *Sleep*, 2012, 35 (7) : 997-1002.
24. Corsenac P., Lagarde E., Gadegbeku B., Delorme B., Tricotel A., Castot A., Moore N., Philip P., Laumon B., Orriols L. Road traffic crashes and prescribed methadone and buprenorphine: a French registry-base case-control study. *Drug Alcohol Depend*, 2012, 123 (1-3) : 91-97.
25. Davenne D., Lericollais R., Sagaspe P., Taillard J., Gauthier A., Espie S., Philip P. Reliability of simulator driving tool for evaluation of sleepiness, fatigue and driving performance. *Accid. Anal. Prev.*, 2012, 45 (2) : 677-682.
26. Tassi P., Schimchowitsch S., Rohmer O., Elbaz M., Bonnefond A., Sagaspe P., Taillard J., Leger D., Philip P. Effects of acute and chronic sleep deprivation on daytime alertness and cognitive performance of healthy snorers and non-snorers. *Sleep Medicine*, 2012, 13 (1) : 29-35.
27. Verster J.C., Taillard J., Sagaspe P., Blin O., Philip P. Prolonged nocturnal driving can be as dangerous as severe alcohol-impaired driving. *Journal of Sleep Research*, 2011, 20 (4) : 585-588.
28. Quera-Salva M.A., Hajak G., Philip P., Montplaisir J., Keufer-le-Gall S., Laredo J. et al. Comparison of agomelatone and escitalopram on nighttime sleep and daytime condition and efficacy in major depressive disorder patients. *Int. Clin. Psychopharmacol.*, 2011, 26 (5) : 252-262.
29. Orriols L., Philip P., Moore N., Castot A., Gadegbeku B., Delorme B., Mallaret M., Lagarde E. on behalf of the CESIR Research Group. Benzodiazepine-like hypnotics and the associated risk of road traffic accidents. *Clinical Pharmacology & Therapeutics*, 2011, 89 (4): 595-601.
30. Di Milia L., Smolensky M.H., Costa G., Howarth H.D., Ohayon M.M., Philip P. Demographic factors, fatigue and driving accidents - An examination of the published literature. *Accident analysis & prevention*, 2011, 43 (2): 516-532.
31. Smolensky M.H., Di Milia L., Ohayon M.M., Philip P. Sleep disorders, medical conditions and road accident risk. *Accident analysis & prevention*, 2011, 43 (2): 533-548.
32. Niedhammer I., David S., Degioanni S., Drummond A., Philip P., and 143 occupational physicians. Workplace bullying and psychotropic drug use: The mediating role of physical and mental health status. *Ann. Occup. Hyg.*, 2011, 55 (2) :152-163.
33. Taillard J., Philip P., Claustrat B., Capelli A., Coste O., Chaumet G., Sagaspe P. Time course of neurobehavioral alertness during extended wakefulness in morning- and evening-type healthy sleepers. *Chronobiology International*, 2011, 28 (6) : 520-527.
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35. Åkerstedt T., Philip P., Capelli A., Kecklund G. Sleep loss and accidental-work hours, life style and sleep pathology. *Prog. Brain Res.*, 2011, 190: 169-188.
36. Sagaspe P., Taillard J., Bayon V., Lagarde E., Moore N., Boussuge J., Chaumet G., Bioulac B., Philip P. Sleepiness, near misses and driving accidents among a representative population of French drivers. *Journal of Sleep Research*, 2010, 19 (4) : 578-584.
37. Philip P., Sagaspe P., Lagarde E., Leger D., Ohayon M.M., Bioulac B., Boussuge J., Taillard J. Sleep disorders and accidental risk in a large group of regular registered highway drivers. *Sleep Medicine*, 2010, 11 (10): 973-979.

38. Dauvillier Y., Arnulf I., d'Ortho M.P., Coste A., Ducluzeau P., Grillet Y., Jondeau G., Kessler R., Moncely L., Philip P., Philippe C., Weitzenblum E., Pepin J.L. What pretherapy assessment should be used with a patient newly diagnosed OSAHS ? *Revue des Maladies Respiratoires*, 2010, 27 (S3) : S124-S136.
39. Philip P. Can the MSLT be a useful tool to assess motor vehicle crash risk in sleepy drivers ? *Sleep*, 2010, 33 (6) : 729-730.
40. Åkerstedt T., Ingre M., Kecklund G., Anund A., Sandberg D., Wahde M., Philip P., Kronberg, P. Reaction of sleepiness indicators to partial sleep deprivation, time of day and time on task in a driving simulator – the DROWSI project. *Journal of Sleep Research*, 2010, 19 (2) :298-309.
41. Sagaspe P., Leger D., Taillard J., Bayon V., Chaumet G., Philip P. Might the Berlin Sleep Questionnaire applied to the bed partner be used to screen sleep apneic patients ? *Sleep Medicine*, 2010, 11 (5) : 479-483.
42. Léger D., Philip P., Jarriault P., Metlaine M., Choudat D. Effects of a combinaison of napping and bright light pulses on shift workers sleepiness at the wheel: a pilot study. *Journal of Sleep Research*, 2009, 18 (4) : 472-479.
43. Bayon V., Léger D., Philip P. Socio-professional handicap and accidental risk in patients with Hypersomnias of Central Origin. *Sleep Medicine Review*, 2009, 13 (6) : 421-426.
44. Stoohs R.A., Philip P., Andries D., Finlayson E.V.A., Guilleminault C. Reaction time performance in upper airway resistance syndrome versus obstructive sleep apnea syndrome. *Sleep Medicine*, 2009, 10(9) : 1000-1004.
45. Farid K., Jeannin S., Lambrecq V., Philip P., Fernandez P., Molinier S., Allard M., Sibon S. Paraneoplastic cataplexy: clinical presentation and imaging findings in a case. *Movement Disorders*, 2009, 24 (12) : 1854-1856.
46. Niedhammer I., David S., Degioanni S., Drummond A., Philip P., and 143 occupational physicians. Workplace bullying and sleep disturbances: findings from a large scale cross-sectional survey in the French working population. *Sleep*, 2009, 32 (9) :1211-1219.
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52. Sagaspe P., Taillard J., Akerstedt T., Bayon V., Espié S., Chaumet G., Bioulac B., Philip P. Extended driving impairs nocturnal driving performances. *PLOS ONE*, 2008, 3 (10) : e3493.
53. Vecchierini M.F., Léger D., Laaban J.P., Putterman G., Figueredo M., Levy J., Vacher C., Monteyrol P.J., Philip P. Efficacy and compliance of mandibular repositioning device in obstructive sleep apnea syndrome under a patient-driven protocol of care. *Sleep Medicine*, 2008, 9 (7) : 762-769.
54. Philip P., Sagaspe P., Taillard J., Chaumet G., Bayon V., Coste O., Bioulac B., Guilleminault C. Maintenance of wakefulness test, obstructive sleep apnea syndrome and driving risk. *Annals of Neurology*, 2008, 64 : 410-416.
55. Galliaud E., Taillard J., Sagaspe P., Valtat C., Bioulac B, Philip P. Sharp and sleepy: evidence for dissociation between sleep pressure and nocturnal performance. *Journal of Sleep Research*, 2008, 17 : 11-15.
56. Sagaspe P., Taillard J., Chaumet G., Moore N., Bioulac B, Philip P. Aging and Nocturnal Driving: Better with a Coffee or a Nap? A Randomized Study. *Sleep*, 2007, 30 (12) : 1808-1813.
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58. Sagaspe P., Taillard J., Chaumet G., Guilleminault C., Coste O., Moore N., Bioulac B, Philip P. Maintenance of wakefulness test as a predictor of driving performance in patients with untreated obstructive sleep apnea. *Sleep*, 2007, 30 (3) : 327-330.
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60. Philip P. Conduite automobile et aptitude professionnelle. *Revue des Maladies Respiratoires*, 2006, 23(2) : 7S14-7S16.
61. Philip P., Leger D., Taillard J., Quera-Salva M.A., Niedhammer I., Jasso Mosqueda J.G., Bioulac B., Gerard D. Insomniac complaints interfere with quality of life but not with absenteeism Respective role of depressive and organic comorbidity. *Sleep Medicine*, 2006, 7 : 585-591.
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Research Support

2007-2011	ANR LONGVIE	Philip (PI)
SOMVIE: Age, Sleep and cognitive process Amount: 119,000 euros.		
2007-2011	ANR PREDIT	Philip (PI)
AUTOSOP: Method of assessment of driving ability in patients suffering from wakefulness pathologies, Impact of Modafinil Treatment Amount: 219,000 euros		
2010-2013	ERANET	Philip (PI)
CRASH STUDY: Implication of sleepiness and tiredness at the wheel in traffic accidents in France and Sweden Amount: 182,000 euros		
2010-2012	ERANET	Taillard (PI), Philip (co-PI)
KILL SLEEP: Effect of countermeasures on nocturnal driving performance. Amount: 210,000 euros.		
2010-2014	AOI CHU Bordeaux	Bioulac (PI) & Philip (co-PI)
SOMTDAH: Somnolence and performance degradation in ADHD adult patients Amount: 30,000 euros		
2010	SANOFI	Philip (PI)
DOLIRHUMEPRO: Comparative study in healthy volunteers of effect on fitness to drive of a single-dose of Dolirhumepro compare to Imovane and Actifed compare to imovane. Amount: 194,000 euros		
2010-2020	ANR – Investissement d’Avenir - EquipEx	Philip (PI)
EquipEx PHENOVIRT: Human Phenotyping and virtual reality Amount: 2,000,000 euros		
2011-2016	ANR MALZ	Philip (PI)
SCOAL: Sleep, Cognition and Alzheimer Amount: 225,000 euros.		
2013-2017	FUI	Pallet (PI) & Philip (co-PI)
NUTRIMEMO: Development of new nutritional products for involvement of seniors’ memory Amount: 596,000 euros (SANPSY)		
2013-2016	AOI CHU Bordeaux	Philip (PI)
VEILLETDAH: Role of circadian and homeostatic systems in the regulation of wakefulness in adult patients with Attention Deficit Disorder with or without Hyperactivity. Amount: 30,000 euros		
2014-2018	DGOS PHRC-N	Philip (PI)
PROBERSOM: Self-help Program for hypnotics withdrawal in insomniac patients: A randomized controlled clinical trial Amount: 639,938 euros		
2015-2017	Région Aquitaine – AO Transfert	O’Brien (PI), Philip (co-PI)
MORPHEUS: Mobile Observation and Research Platform for the healthy and Efficient Use of Sleep Amount: 305,000 euros		